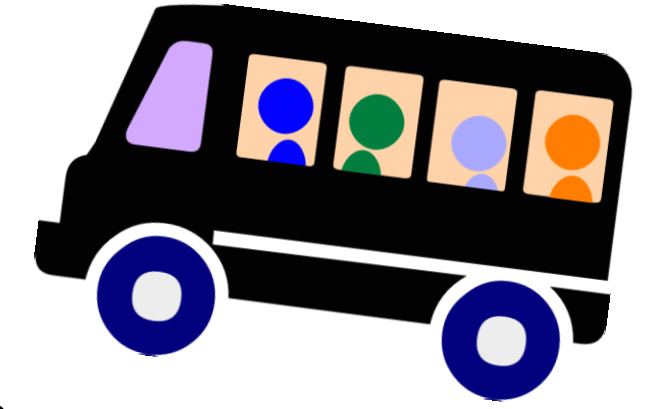


August 2017

PSPS Trips in August

8/2 - Jacques Marchais Museum of Tibetan Art (Van) & 8/16 - Industry City (Van)

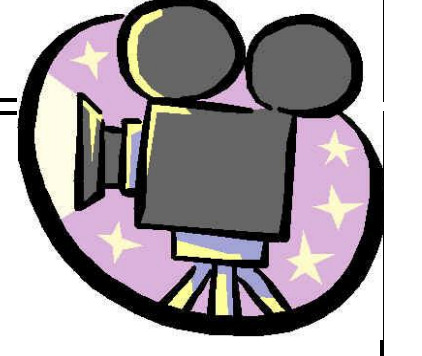


See PSPS Bulletin Board or call the NORC at (212)-243-3670 our more information.

NEIGHBORLY NIGHTS in Room 1 (Yalowitz Room) - Wednesdays @ 5:30pm

8/9 - Players 55 Performance - We perform despite the challenges of age and we know that love of the stage can strike at any age. Please join us and be astounded and entertained by your friends and neighbors in the community. Refreshments will be provided.

8/23 - Drama Class 1 Performance - The Penn South Drama Class 1 will present their final performance for the semester, which includes scenes from Broadway productions and original scenes written by members. Please join us and be astounded and entertained by your friends and neighbors. Directed by Frank Engel.



THURSDAY SPECIALS in Room 1 (Yalowitz Room) @ 2:30pm

8/3 - Film Screening "Jackie" - Following the assassination of President John F. Kennedy, First Lady Jacqueline Kennedy fights through grief and trauma to regain her faith, console her children, and define her husband's historic legacy. Starring Natalie Portman, Peter Sarsgaard, and Greta Gerwig.

8/10 - Concerts in Motion - Come listen to uplifting and live music performed by professionals who will play many styles of music. From Latin to jazz to swing to pop and to oldies. Light Refreshments will be provided.

8/17 - Film Screening "The Hollars" - A man returns to his small hometown after learning that his mother has fallen ill and is about to undergo surgery. Starring Sharlto Copley, Charlie Day, and Richard Jenkins.

8/24 - Comedy Improv Show - Laugh and be entertained as Penn South Community members of the comedy improv class showcase their wit and humor during a free end-of-semester improv sketch show.

8/31 - Film Screening "Collateral Beauty" - Retreating from life after a tragedy, a man questions the universe by writing to Love, Time and Death. Receiving unexpected answers, he begins to see how these things interlock and how even loss can reveal moments of meaning and beauty. Starring Will Smith, Edward Norton, and Kate Winslet.

Drama Class 2 Performance

Friday, August 25th at 2:30pm

Room 1 (Yalowitz Rm)



The Penn South Drama Class 2 will present their final performance for the semester, which includes scenes from Broadway productions and original scenes written by members. Please join us and be astounded and entertained by your friends and neighbors. Directed by Frank Engel. Light Refreshments will be provided.



PSPS Summer BBQ

Friday, August 11th at 12:30pm

David Smith Garden

Friends and Neighbors join in the garden just outside the PSPS office for our second BBQ of the season! Enjoy kosher hot dogs, chicken sausages, fresh salad and cool beverages while basking in the sun or relaxing in the shade of the full grown trees.

ALL CLASSES AND ACTIVITIES ARE CANCELED TO ACCOMMODATE THIS SPECIAL EVENT.

Registration at the Front Desk is REQUIRED, and a \$3 contribution is suggested.

One on One Meetings with Dr. Joyce Fogel

Friday, August 4th at 2:30pm

Room 1 (Yalowitz Room)



Through a UJA funded grant, a Mount Sinai Beth Israel Geriatrician and Geriatric psychologist will be working with PSPS on issues related to memory and aging. Come meet with Dr. Joyce Fogel for a 10-15 minute appointment by scheduling at 212-243-3670 or sign-up at the front desk.



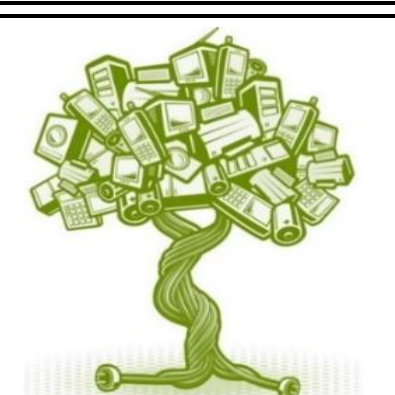
Music & Memory with Dr. Joyce Fogel

Tuesday, August 29th at 2:30pm Room 2 (Kurzband Room)

Come learn how music can impact your memory. There is growing evidence that personalized music can increase a person's happiness and increase their socialization. Through a UJA funded grant, a Mount Sinai Beth Israel Geriatrician and Geriatric psychologist will be working with PSPS on issues related to memory and aging. Signup at the Front Desk or call 212-243-3670. Light Refreshments will be provided.

Tech Soup

Fridays, August 11th and 25th at 2:00pm Kagle Room in Building 6B (280 9th Ave)



Get one-on-one help with technology and connect with young professionals at this social and educational event! Bring your own device or try something new! SPACE IS LIMITED. YOU MUST SIGN UP AT THE FRONT DESK!



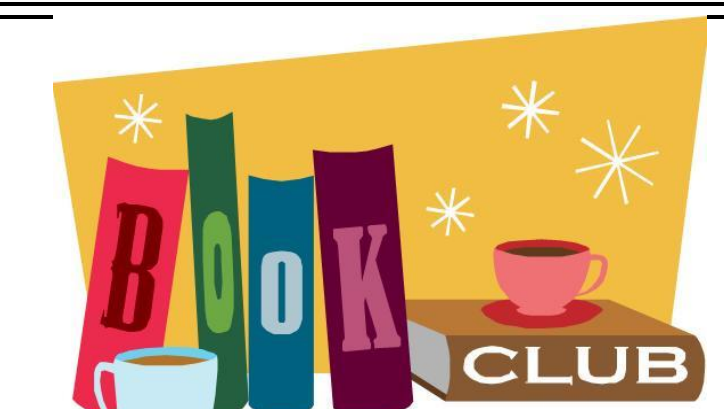
The Roger and Alice Deakins' Parkinson's Support Group

Wednesdays, August 2nd & 9th at 11:00am Building 2B Community Room (339 West 24th Street)

A peer support group for people who are living with Parkinson's disease. Have your voice heard and seek comfort and share information with others from the community living with Parkinson's.

Book Club

Thursday, August 31st at 1:00pm Room 2 (Kurzband Room)



Come learn about Penn South Program for Seniors' Book Club, which meets once a month to discuss a book and connect with friends. At this month's meeting we will be discussing the novel "Hillbilly Elegy" by J. D. Vance.

Looking Ahead!

Events: PSPS Health Fair on Wednesday, September 13, 2017 from 10:00am - 4:00pm in Bldg 8A (Community Rm)

BBQ: Tuesday, September 19, 2017 at 12:30pm in the David Smith Garden

Registration Dates: Wednesday, September 6th 11:00am-12:30pm & Thursday, September 7th 1:30pm-3:00pm

Classes Begin: Monday, September 11th

Mark Your Calendar: PSPS Annual Membership Meeting

Thursday, September 28th at 2:30pm Room 1 (Yalowitz Rm)

The PSPS Advisory Council is now accepting applications for the Council. If you are interested in running, this is the time to pick-up a form from the receptionist. This is an opportunity to contribute by representing your fellow seniors in the recommendations to PSPS that reflect the interests and concerns of PSPS participants. Applications are available starting September 1, 2017 and must be returned to the PSPS receptionist by September 8, 2017.